



## **MAN MOT: Engaging Men With Health Online**

### **Service User Information Sheet**

We would like to invite you to take part in a research study. Before you decide whether you would like to take part it is important that you understand why the research is being done and what it would involve for you. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information.

The purpose of this study is to explore the experience of men who have used the Man MOT Service. It also aims to understand about the decision-making process men experience when engaging with healthcare services. Your contribution will help to provide a better understanding of the use of the Internet to engage men with health. Learning how to engage men effectively with health will contribute towards the development of more innovative healthcare services better suited to men.

We are inviting men aged 18 years and above, who have used the Man MOT Service and who live in the UK to participate in this study. A maximum number of 30 participants will be recruited.

#### **Do I have to take part?**

You do not have to take part. Your participation within this study is voluntary, you can choose not to participate in part or all of the project, and can withdraw at any stage of the project without being penalized or disadvantaged in any way. It is up to you to decide whether or not to take part. If you do decide to take part you will be asked to sign a consent form. You are still free to withdraw at any time and without giving a reason.

#### **What happens if I do decide to take part?**

If you decide to take part in this study you will be asked to complete a consent form that will be sent to you via email. You will be asked to complete and return the consent form to the principal researcher. Following this you will be invited to engage with a 30-minute interview via telephone or Skype.

#### **Expenses**

Participants will be offered £10 via Paypal to reimburse for any costs incurred as part of participating within this research. Following the interview you will be asked to give consent for your email address to be forwarded to the Men's Health Forum for them to provide you with a £10 payment via PayPal. Your email address will not be used for any other purposes.

#### **What do I have to do?**

During the interview you will be required to answer some questions relating to your experience of using the Man MOT Service. These questions will be focused on your experience of seeking healthcare information, what you found helpful/unhelpful and to think about ideas of how the service could be improved. Interviews will be conducted via telephone or Skype depending on your preference. All interviews will be audio-recorded. Following the interview you will be provided with a debriefing sheet and a financial reimbursement for your time. At this point you will no longer be

required to do anything further for the purposes of this study. Data collected from the study will be analyzed using Thematic Analysis where themes will be identified and generated into a research article and a research thesis.

**What are the possible disadvantages and risks of taking part?**

The possible disadvantage and risk of taking part in this study includes the potential for discussing sensitive topics during the interview. It is also possible that discussing your own experiences of accessing health services may provoke an emotional response. In order to manage these possible disadvantages and risks in taking part in this study the principal researcher conducting all interviews has training in managing individuals in distress. Following all interviews all participants will be debriefed and given a debriefing information sheet containing contact details for helpful agencies.

**What are the possible benefits of taking part?**

There are possible indirect benefits to participating within this study, by evaluating services healthcare providers are able to adapt and shape future services based on this evaluation. This may indirectly benefit yourself when you come to access healthcare services again in the future and it may also benefit other individuals accessing healthcare services.

**What will happen when the research study stops?**

When the study stops the data relating to participants will be destroyed.

**Will my taking part in the study be kept confidential?**

Yes. Only the researcher conducting the study and carrying out the interviews will have access to the data generated from participants. The researcher will then transcribe the audio recordings verbatim. Following this the researcher will ensure all data is anonymous by providing a pseudonym for all participants. During the process of the study all data relating to participants will be kept in a secure locked cabinet, only accessible by the researcher. After the research has been completed all data relating to participants will be destroyed via confidential waste management.

**What will happen to the results of the research study?**

Once the study has been written into a thesis it will form part of a Doctorate in Health Psychology portfolio. This portfolio will be examined and will then be accessible at the City University Library. An article will be generated from the research thesis and may be published by a relevant health journal. If you wish to have a copy of the final journal article please email the researcher and she will email you a copy.

**What will happen if I don't want to carry on with the study?**

You are free to withdraw from this study at any time. Participation within this study is voluntary, you can choose not to participate in part or all of the project, and can withdraw at any stage of the project without being penalized or disadvantaged in any way.

**What if there is a problem?**

If you would like to complain about any aspect of the study, City University London has established a complaints procedure via the Secretary to the University's Senate Research Ethics Committee. To complain about the study, you need to phone 020 7040 3040. You can then ask to speak to the Secretary to Senate Research Ethics Committee and inform them that the name of the project is: Man MOT: Engaging men with health online.

You could also write to the Secretary at:  
Anna Ramberg  
Secretary to Senate Research Ethics Committee  
Research Office, E214  
City University London  
Northampton Square  
London  
EC1V 0HB  
Email: [Anna.Ramberg.1@city.ac.uk](mailto:Anna.Ramberg.1@city.ac.uk)

City University London holds insurance policies which apply to this study. If you feel you have been harmed or injured by taking part in this study you may be eligible to claim compensation. This does not affect your legal rights to seek compensation. If you are harmed due to someone's negligence, then you may have grounds for legal action.

**Who has reviewed the study?**

This study has been approved by City University Psychology Department Research Ethics Committee London. Ethics approval number: PSYCH(P/F) 14/14 80

**Further information and contact details**

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**Thank you for taking the time to read this information sheet.**